

Restore Balance This Morning

Our SuperFoods breakfast menu features revitalizing dishes made from powerhouse ingredients rich in nutrients and antioxidants and taste delicious so you can start your day feeling recharged.

Invigorate


MARKET FRESH FRUITS AND BERRIES 10.00

A bountiful selection of the season's best


GF 

TROPICAL FRUIT PLATE WITH YOGURT AND BANANA BREAD 13.00

BERRY, APPLE AND GRANOLA MUESLI 10.00

Low-fat vanilla yogurt, banana, walnuts and pomegranate essence 

BREAKFAST PARFAIT 10.00

Layers of low-fat Greek yogurt, granola, berries and agave nectar 

STEEL-CUT CINNAMON-SCENTED OATMEAL 11.00

Green apples, walnuts and honey drizzle 

ASSORTED DRY CEREALS 6.00


Choose from a variety, including gluten free Rice Chex GF

BLUEBERRY PROTEIN SMOOTHIE 9.00

With banana, apple, orange and soy protein 


Rejuvenate

SMOKED SALMON "BENEDICT" 15.00

Poached organic eggs, wilted spinach on English muffin with olive citrus hollandaise 

EGG WHITE AND YOUNG SPINACH

OMELET 13.00

Folded with sautéed onions and low-fat cheddar cheese, mini tomato and arugula salad GF 

BUTTERMILK PANCAKES OR MALTED

WAFFLE 10.00

Served with maple syrup and butter
Add bacon, sausage, strawberries, blueberries, chocolate chips or banana 2.00

CINNAMON FRENCH TOAST 11.00

With maple syrup

Add bacon, sausage, strawberries, blueberries, chocolate chips or banana 2.00



Indicates a SuperFoodsRx™ dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.

GF

We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet please be aware that they may be prepared in an environment where gluten is present. Please ask your server to assist you in making your selection. Please consult your physician as to your personal health decisions.

WILD BERRY FRENCH TOAST 13.00

French toast with Texas wild berry compote

EGG BENEDICT 14.00

Two poached eggs and grilled Canadian bacon on a toasted English muffin, with classic hollandaise sauce

OMELETS 13.00

Made with three fresh jumbo eggs or Egg Beaters with your choice of cheese (cheddar, jack or Swiss) and three fillings (ham, mushrooms, onions, scallions, tomatoes, bell peppers, jalapeno peppers, bacon, sausage, or spinach) with your choice of bread (English muffin, wheat toast, white toast, croissant or bagel)

Each additional ingredient .75

TEX-MEX OMELET 14.00

Chorizo sausage, jalapenos, onions and tomatoes, topped with jack cheese and roasted tomato salsa, with your choice of bread (English muffin, wheat toast, white toast, croissant or bagel)

HUEVOS RANCHEROS 15.00

Three eggs with a roasted tomato salsa, your choice of sausage, bacon, ham, refried beans and queso fresco and your choice of flour or corn tortillas

Indulge

AMERICAN BREAKFAST 12.00

Two eggs with your choice of sausage, bacon, ham and hash browns with your choice of bread (English muffin, wheat toast, white toast, croissant or bagel)
With 5-ounce steak add 6.00

TEXAS BREAKFAST 13.00

Three eggs with your choice of sausage, bacon, ham and hash browns with your choice of bread (English muffin, wheat toast, white toast, croissant or bagel)
With 5-ounce steak add 6.00

NORWEGIAN SMOKED SALMON 13.00

With all the traditional condiments and a toasted bagel

BREAKFAST TABLE 19.00

Seasonal fruits and berries, yogurt, steel-cut oatmeal, whole grain cereals, all-natural granola, scrambled eggs, smoked bacon, sausage links, breakfast potatoes, bakery selections, bagels with cream cheese, selection of breakfast juices, freshly-brewed Starbucks coffee and assorted Tazo teas

Options

BOWL OF FIELD GROWN FRUITS AND BERRIES 10.00

A bright mix of the season's best GF 

LOW-FAT YOGURT 5.00

Choice of fruit, berry or plain GF 

FRESHLY BAKED BAGEL 5.00

Philadelphia cream cheese

FRESHLY BAKED PASTRY BASKET 9.00

Choice of three: toasted bread, pastry, fruit Danish or bagel

SMOKED BACON, BREAKFAST SAUSAGE LINKS OR GRILLED HAM 4.00

CRISPY HASH BROWN POTATOES 4.00

Energize

JUICE 5.50

Orange, grapefruit, apple, cranberry or tomato GF 

STARBUCKS COFFEE

Cappuccino 6.00

Latte 6.00

Espresso 5.00

Freshly-brewed regular or decaffeinated 3.50 GF

ASSORTED TAZO TEAS 3.00 GF

MILK 4.00

Regular, non-fat, 2%, chocolate or soy GF 

Service charges and government taxes are additional.

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

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